




Santa Clara County Senior Nutrition Program Lunch Menu



High Salt Item Designated by:**

SITE: SUNNYVALE – 535 Old San Francisco Rd (408) 739-0833

MONTH: November 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Chicken Italiano 31 Whole Wheat Pasta Green Beans with Mushrooms Green Salad with Tomatoes Fresh Cantaloupe	Cheese Tortellini** 1 With Marinara Sauce Whole Wheat Roll Spinach Green Salad with Garbanzo Beans Mandarin Oranges	Citrus & Garlic Pork 2 Whole Wheat Roll Scalloped Potatoes Chef's Blend Vegetables Tropical Fruit	Beef Stroganoff 3 Egg Noodles Corn Green Salad with Bell Peppers Fresh Banana	Chinese Chicken 4 Salad Vegetable Soup Crackers Fresh Oranges
Salmon with Dill 7 With Tartar Sauce Whole Wheat Roll Roasted Potato Medley 5 Way Blend Vegetables Fresh Cantaloupe	Veggie Burger 8 Cauliflower with Carrots Cabbage Salad Pears	Beef Chili 9 Whole Wheat Roll Green Salad with Tomatoes Mandarin Oranges	Baked Macaroni & Cheese with Broccoli and Chicken 10 Green Salad with Bell Peppers Apricots	Meatloaf 11 Whole Grain Bread Mashed Potatoes Spinach Fresh Apple
BBQ Pork Ribs 14 Whole Wheat Roll Potato Salad Peas & Carrots Canned Peaches	Stir Fry 15 Broccoli Beef Brown Rice Green Salad Banana	Chicken Cordon Bleu 16 Whole Wheat Roll Scalloped Potatoes Broccoli Pears	Sliced Roast Beef 17 Whole Grain Bread Mashed Potatoes Normandy Vegetables Fresh Cantaloupe	Chicken Tamale 18 Casserole** With Corn Bread Topping Cabbage Salad Fresh Orange
Lemon Pepper Tilapia 21 White Rice 5 Way Blend Vegetables Green Salad with Tomatoes Fresh Cantaloupe	Taco Salad 22 On a Corn Tortilla Shell with Pork Carnitas, Black Beans, Mild Salsa, and Cheese Fresh Oranges	Turkey Breast 23 With Gravy & Cranberry Sauce Whole Wheat Roll Mashed Sweet Potatoes Normandy Vegetables Peaches	CLOSED 24 	CLOSED 25 
BBQ Chicken 28 Whole Wheat Roll Broccoli and Carrots Green Salad Tropical Fruit	Fish & Chips 29 With Tartar Sauce Cabbage Salad with Tomatoes Fresh Banana	Swedish Meatballs 30 Egg Noodles Corn Spinach Fresh Cantaloupe		

\$3.00 Suggested Contribution for Nutrition Lunch Program for Seniors 60 Years and Older

Lunch Bunch Band	Banjo Band	Bobkats	DJ Music	The Swingers– BINGO
	Yoga (10:30 to 10:45)		Yoga (10:30 to 10:45)	

Additional Funding by City of Sunnyvale